British Gymnastics – Trampoline
North West Region Club Judge Course

Saturday 23 September 2006 10.00-17-00
Sunday 24 September 10.00-17-00

Venue: Crosby Leisure Centre, Mariners Road,
Crosby, Merseyside L23 6SX. 0151 932 9080.

Tutor: Sue Freeman Mobile 0771 283 4591 email suefreem@yahoo.com
Organiser: Carolyn Armstrong 07918 025 311
Requirements:

(a) A minimum age of 15 at the completion of the course
(b) Prior knowledge of trampolining is not a necessity but is desirable.
(c) Existing members must bring their BG numbers to register; others will need to join during the course.
(d) Fees: Course £25 payable to *North West Trampolining*
Exam £10 payable to *British Gymnastics*

Note: additional cost

- None BG members will be required to take out Associate (non-competitive) membership of £15.00 which needs to be paid to **British Gymnastics**

Syllabus

- Rules of trampolining: general familiarisation,
Specific sections to learn
- How a competition works
- Dress codes
- Marshalling
- Manual Recording
- Team scores
- Form Judging: both theory and practical
End of routine deductions
Speed addition

Written examination on above (½ hour). Pass mark 60%
Practical examination – form only. Pass mark 60%

- Introduction to tariffing (not examined)

Successful completion of this course enables you to judge at Club competitions and lower level Regional ones also you can help out (recording, marshalling) at others.

Bring: Your BG membership number, the appropriate fees, notebook/pad, calculator and brain. Coloured highlighter/pencils are useful.
You need to make your own meal arrangements.
Local shops nearby for food or bring sandwiches

I look forward to seeing you and hopefully we will have an enjoyable course *Sue Freeman*

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North West Region Club Judge Course

I will be attending the judge course on the 23/24 September

Name ……

Membership Required YES / NO BG Member No……

Please post your application and payment to:
1 Lowden Avenue, Litherland, Liverpool L21 9JE.British Gymnastics – Trampoline