

# British Gymnastics



## Trampoline Gymnastics

## Changes to BG Code of Points

Effective January 2005

### At Grade 1 Competitions (Mens/Ladies) only

#### First Routine (Compulsory)

In the first routine (compulsory) the routine will carry a difficulty mark for 2 (two) specific elements within the routine, these must be asterisked by the performer or coach on the competition card. In the first routine all elements shall be different and shall have at least 270° somersault rotation.

Missing an element in this routine (eg missing a somersault out)

**1.0** deduction

Repeating an element in this routine (eg two elements the same)

**1.0** deduction

Not performing the elements in the written order

**0.2** (in total not per change)

[all the above deductions will be from each execution judge]

#### Second Routine (Voluntary)

If a competitor repeats one or both of the elements from the first routine which they asterisked and performed in the first routine, they will not receive the difficulty mark for these elements in the second routine. (eg you only get the difficulty mark for those specific skills **once**)

#### Final Routine

Competitors may repeat any of the elements performed in the first and second routine.

The finals will be done in reverse order of merit from the first two rounds with scores being **zeroed**. (ie all competitors in the finals start with a zero score from the previous rounds)

## **BG Trampoline Gymnastics** **Code of Points Changes for 2005**

For all Coaches and Judges, below is a quick guide of all the code of points changes for BG competitions for the new Olympic Cycle 2005. These should be read in conjunction with the old code of points (2001 – 2004) which will be replaced early in 2005. Your club will receive a copy of the new code once it is printed.

**Please read these changes AND the competition handbook particularly for minimum difficulty values in the compulsory routine at mens and ladies grade 1 competitions and the penalties which apply if the minimum difficulty value is not achieved.**

### **General Rule Changes**

**These changes to rules apply to all levels of competition including recreational competitions.**

### **Dress for Female Gymnasts**

6.2 Sleeveless leotards are permitted. In a team event all members of the team **MUST** wear the same sort of leotard (eg all with sleeves or all without)

*For details of what is an acceptable sleeveless leotard please see the 2005 Milano Catalogue page 2 Design Number 2 (Kirsten Lawton). Dance leotards or strapless leotards are not acceptable.*

### **Spotters**

9.3 & 9.5 At no time should there be more than 4 (four) spotters around the trampoline

### **Arbitration Jury and Protests (11)**

This rule has now been deleted from the BG Code of Points.

In case of obvious errors concerning the calculation in difficulty or execution scores, a team coach, gymnast or judge who recognise this should (at a suitable point) approach the Chair of Judges (CJP) **in a professional and friendly way before the end of the round** to allow the CJP to clarify the score before the start of the next round.

### **Warm Up**

12.2 Abusing the right to warm up: If a gymnast abuses the right to warm up, the CJP may instruct the recorder to deduct **0.3** from the total score of that gymnasts following routine.

### **After the Final Landing**

17.2 After the final landing.....the gymnast must stand upright for **approximately** 3 seconds.

### **Assistant CJP**

19.1 & 24 In individual competition there is no assistant to the CJP  
*In BG competitions it may be necessary to appoint an assistant chair where the trampolines are in one line of three/four panels and it would be unfair to ask a Chair of Judges to walk round all the trampolines to get to their place at the far bed.*

In synchronised trampoline competitions an Assistant Chair of Judges will sit beside the difficulty judges.

The Ass. CJP will assist the difficulty judges and check the pairs in synchro perform the same elements at the same time. The ACJ will also observe the far bed for penalties at the end of or during the routine.

### **Duties of the CJP**

20.13 Decide about penalties (12.2)

20.14 Decide before the end of a round when approached by a team coach, gymnast or judge about obvious numerical errors in the calculation of difficulty or numerical errors concerning execution or synchronisation scores.

20.10 Inform the synchro judges of additional deductions if a synchro pair does not make the same landing. *If one gymnast in the synchro pair stops and the other makes a small jump, the chair shall decide: if the gymnasts did not perform the same landing (ie both do an out-bounce or both stand still this would merit a 0.2 deduction by the synchro judges) Or the gymnast performing the small jump has an end of routine deduction for an uncontrolled finish.*