

Trampoline Rule changes for 2006

A brief synopsis of changes that will be made for Trampoline from 1st January 2006 are as follows.

Under 9's - Competitors must be a minimum of 9 years of age in the year of competition to compete at a grade 1 event.

Final round - All finals in Grade 1 and Grade 2 competitions will be 2/3 the number of competitors on the start list to a MAXIMUM of 8 (eight) competitors. The final round of the Mens / Ladies group ONLY will have the scores returned to zero.

Competition Details - Will be made available online at www.bq-coaches.org they will no longer be automatically sent out by post unless it is specifically requested on the competition entry form.

Bye to the British Championships - Anyone who competes for a British Gymnastics trampoline team during the time from February to June will receive a bye to the British Championships. The exact details of which events will be included in this, and what level of qualification they will allow will be published in the Competition Structure Booklet.

Competition Structure Booklet - will be made available online at www.bq-coaches.org and the British Gymnastics Website. They will no longer be automatically sent out by post unless a stamped self addressed envelope to the value of £1 is sent to; Monica White, 24 Ash Grove, Stapleford, Nottingham, NG9 7GL.

Seniors Tariff Rules - The 2 nominated moves should equal a minimum of 2.3 for a complete routine. If the routine is incomplete the value of any nominated completed moves will be allowed.

Age Groups - Grades 6 - 3 - U9, U11, U13, U15, U17, 17+
Grade 2 - 1 - U11, U13, U15, U17, U19, 19+

Competition Routines -

The Grade 3 Under 15 routine will be replaced by;

Back S/S (S)
Piked Straddle Jump
Back S/S (P)
Barani (P)
1/2 Twist Jump
Pike Jump
Back S/S (T)
Tuck Jump
Crash Dive (S)
1/2 Twist to Feet

Grade 3 U17/Over 17 will be replaced by;

10 different skills to include:

- 1) 7 skills with a min of 270° of somersault rotation,
- 2) one skill from 1) landing on either the front or back and from this skill one somersault with a min of 450° of rotation, or one somersault with a minimum of 360° of somersault rotation and 360° of twist.

Tariff Caps will be changed as follows (Please note Grade 2 Under 11 is not as published in Gymnast)

	Grade 4	Grade 3	Grade 2	Grade 1
Under 11	4.0	4.5	5.0	5.5
Under 13	4.0	4.5	5.5	8.5

Progression through Grades

Competitors will be allowed to remain at grade 4 for as long as they wish, however all qualification scores for Grade 4, Grade 3 and Grade 2 will only be valid for the year of attainment and the following year. After which the competitor will have to re-qualify to move up and grade.

Qualification Scores

The qualification scores and tariff caps are as follows:-

	Under 9	Under 11	Under 13	Under 15	Under 17/ Over 17	Under 17/ Under 19/ Over 19	Mens/ Ladies
4 to 3	49.0	49.0	50.0	50.0	51.0		
Max. Tariff	4.0	4.0	4.0	4.0	4.0		
3 to 2	49.5	49.5	50.5	51.0	51.5		
Max. Tariff	4.5	4.5	4.5	5.0	5.0		
2 Nats		48.5	49.5	51.0		51.5	
2to1		49.5	50.5	52.0		52.5	
(incl min set)		22.5	22.5	22.5		22.5	
Remain at 2 *		48.0	49.0	50.5		51.0	
Max. Tariff (G2)		5.0	5.5	7.0		7.0	
1 Nats		50.5\$	51.5	53.0		53.5	59.0
(inc. min. set)		23.0	23.0	23.0		23.0	23.5**
1 to MIL				56.5*		56.0	
(inc. min. set)				23.5		23.5	
Remain at 1		49.5	50.5	52.0		52.5	59.0#
Max. Tariff		5.5	8.5	n/a		n/a	

Qualifying Scores are calculated using the first TWO rounds only.

\$Must be at least 9 years of age in the year of competition

* Must be at least 14 years of age in the year of competition

** Before the difficulty value is added

Achieved at previous years National Championships with required Set Score.

All qualification scores will be reviewed at the beginning of April.